

***Crab & Ricotta Cake,  
Caramel Orange, Soya Dressing  
Pineapple & Roasted Red Pepper Salad.***

**Method**

- Strain the ricotta cheese
- Add egg white mayonnaise
- Add white breadcrumb
- Add nutmeg
- Mix all this together
- Form in to shape
- Roll in to white breadcrumb and parmesan cheese
- Pan fry in a little olive oil until golden brown

**Dressing**

- Caramelized sugar with orange juice
- Add vinegar & lemon juice
- Add soy sauce
- Add salt
- Add lemon juice & olive oil
- Season with salt and chopped chives

**Salad**

- Spread olive oil to the red peppers
- Roast the red peppers under the grill
- Remove the skin under the cold water
- Cut the red peppers in slices
- Peel the pineapple slice thinly
- Cut in strips
- Mix together

**Appetizer Ingredients:**

- Ricotta Cheese 2 oz
- Egg White Mayonnaise 1 tbsp
- Nutmeg 1 Pinch
- White Breadcrumb 100 3 oz
- Parmesan Cheese 50 2oz
- Olive oil 200 ml
- Pineapple 2 Slices
- Peppers red ½
- Avocado ½
- Shallots ½
- Coriander/Cilantro pinch
- Blanche Tomato/Seedless pinch
- Garlic pinch
- Lemon Juice 2 drops
- Chili green Pepper pinch
- Sour Cream ½ tbsp
- Dressing
- White Sugar or Honey 1 tbsp
- Orange Juice ½ cup
- Tarragon Vinegar 1 tbsp
- Lime Juice ½ tbsp
- Soy Sauce Kikkoman ½ tbsp
- Olive oil 1 tbsp
- Salt 1 pinch
- Chives 1 pinch

## ***Pan Seared Salmon, Shrimp Dill Nage, Garlic Parmesan Mashed Potato, Lemon Spinach***

- Pan sear the salmon in olive oil until cooked
- Remove the salmon and dispose of the fat
- Deglaze with white wine
- Add chicken stock
- Add GCA (chopped , garlic, capers, anchovies)
- Reduce to consistency
- Add dill on the last minute.

### **Mashed Potato**

- Cook the potato whole until soft
- Remove the water and crush the potato
- Add Sour Cream
- Add Parmesan
- Roast the whole garlic in the oven at low heat
- Crush the garlic when cooked and add to the Potato.
- Season with nutmeg/pepper and salt.

### **Entrée**

- |                 |                 |
|-----------------|-----------------|
| •Salmon Fresh   | 6 oz            |
| •Carrots diced  | 1 oz            |
| •Spinach        | 1 oz            |
| •Lemon zest     | pinch           |
| •Leeks diced    | 1 oz            |
| •Onion Chopped  | 1 oz            |
| •Ham Diced      | 1 oz            |
| •Chicken Stock  | 50 ml           |
| •Fresh Dill     | 1 pinch         |
| •Shrimp         | 3 without Shell |
| •Olive oil      | 1 Tbsp          |
| •Capers         | ½ oz            |
| •Anchovies      | ½ oz            |
| •Garlic         | ½ oz            |
| •White wine     | 1 fl oz         |
| •Butter         | ½ oz            |
| •Parmesan Fresh | Pinch           |

### **Mashed Potato**

- |               |         |
|---------------|---------|
| •Potato Whole | 2       |
| •Milk         | 2 FL oz |
| •Nutmeg/Salt  | 1 Pinch |
| •Parmesan     | 1 oz    |
| •Garlic       | 1 goose |