

Free Support Group for Caregivers of People with Dementia



Caring for someone who has been diagnosed with dementia can be both overwhelming for the caregiver as well as difficult for the loved one.

Join this friendly environment for an opportunity to get free supportive resources, hear how others cope and share your experiences.

Some topics will include:

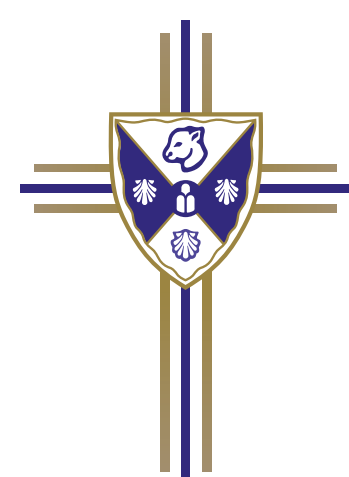
- 1) Knowledge of what to expect at different stages
- 2) Caregiving for the caregiver
- 3) What helps a person with dementia and what does not

When: Fourth Thursday of the Month

Time: 6:30 PM - 7:30 PM

Where: Call for location

Register: Contact the Care Management Department at (631) 862-3510 to register for this FREE support group.



**St. Catherine of Siena
Medical Center**

Catholic Health Services

At the heart of health